

## HOPI EAR CANDLES

This is a modern version of an ancient treatment. Some of the candle ingredients are beeswax, honey extracts, sage, & chamomile. The candles work on a chimney principle, drawing any impurities to the surface where they can be gently removed. They equalise the pressure in the head and ears, making them suitable for most conditions. Secretion flow is gently stimulated and the vapour collects and removes impurities or deposits. At Tao we offer a basic 30-minute treatment or a more relaxing 45-minute treatment with a Facial massage that includes pressure points and drainage movements. This ensures that you will get the best result from your ear candling experience. On your first appointment a consultation would be required so that the treatment can be explained fully and any questions answered.

30 minutes .....	£28.00
45 minutes .....	£35.00

## BODY MASSAGE

Swedish body massage is a relaxing massage giving the client a feeling of well being whilst improving circulation, aiding desquamation and so cleansing the skin, also relaxing contracted muscle fibres and releasing tension.

25 minutes .....	£27.60
55 minutes .....	£49.00

## AROMATHERAPY

A free consultation is given with the first appointment when all aspects of a client's health are analysed so the maximum benefits may be gained from the use of correct oils.

25 minutes .....	£31.40
55 minutes .....	£52.00

WE WOULD RECOMMEND THE 25 MINUTE MASSAGE FOR MEN AS THE THERAPISTS ARE NOT TRAINED IN DEEP SPORTS THERAPY MASSAGE

## UNIVERSAL CONTOUR BODY WRAP

This contouring wrap results in better shaping of the body through the cleansing, toning and tightening of the skin and soft fatty tissue. A 6 inch loss is guaranteed with your first full wrap. This is in contrast to any "quick slim" wraps which give temporary inch reduction due to fluid loss only.

Partial Wrap .....	£58.00
Course of Three .....	£156.00
Full Wrap .....	£72.00
Course of Three .....	£195.00



Full body .....	£30.00
Upper or Lower body .....	£23.00

Pre-spray body exfoliation, moisturise & Spray.

One hour .....	£49.00
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# JESSICA

## FOR NAIL CARE

File and paint. 20 minutes .....	£19.00
Mini Manicure includes all Cuticle & Nail care & a short hand massage. 30 minutes .....	£25.00
Full Manicure includes all the Cuticle & Nail care plus hand massage and full application of varnish French or choice of colour. 50 minutes .....	£31.70
Deluxe Manicure to include a forearm massage and heated mitts, to help improve circulation and cream absorption. 1 1/4 hours .....	£40.00
Pedicure to include partial treatment of hard skin, exfoliation, nail trimming, cuticle tidying and full varnish. 50 minutes .....	£35.00
Deluxe Pedicure to include massage to the knee and heated booties. 1 1/4 hours .....	£43.00



## GELERATION GEL OVERLAY MANICURE

Massage, cuticle care, nail shape & finished with Gel Polish 1 hour .....	£39.00
With French Polish 1 1/4 hours .....	£44.00
Plus removal of previous Geleration .....	Add £5.00

Geleration remove & Buff Remove Geleration, tidy nails & buff .....	£19.00
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## EAR PIERCING

Including 24ct gold plated studs of your choice and aftercare lotion	£18.00
Or with Titanium studs (Nickel free) .....	£22.00

(Approved by Health Authority)

## TOP TO TOE

30 min Massage, 60 min classic Facial, Eyebrow Shape, 50 min Jessica Manicure & Pedicure Total 3 1/2 hours .....	£139.00
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## CLIENTS CHOICE

Choose your own favourite treatments to be taken as a "One Day Package", value £138 or more and receive a 10% discount.



Tansun's unique infra tan unit can be used for therapeutic applications.

Infra red has been used for local treatment of muscle pains for many years; however now it is possible to offer a full body treatment. When infra red is combined with UV, it forms the next best thing to sunlight.

It can offer benefits to acne, eczema, psoriasis, ease arthritis & help soothe muscle pain. All this and a tan!

Soothing, relaxing and healing! A questionnaire will establish the best treatment length for you.

Per minute .....	£1.00
Per 30 minute course (valid 6 months) .....	£24.00

Your next appointment at TAO		
Date	Day	Time

## OPENING HOURS

Monday	9.00 a.m.	to	5.30 p.m.
Tuesday	9.00 a.m.	to	5.30 p.m.
Wednesday	9.00 a.m.	to	5.30 p.m.
Thursday	9.00 a.m.	to	<b>7.30 p.m.</b>
Friday	9.00 a.m.	to	5.30 p.m.
Saturday	9.00 a.m.	to	3.00 p.m.

A charge of £16.00 will be made for consultations. This will be fully refundable against recommended treatments if taken within 30 days.

**Please consider the value of our staff and give 24 hours notice of cancellation otherwise time will be charged.**

Deposits requested for long appointments

# TAO

## BEAUTY SALON

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Oxford  
OX1 1BT

**01865 249347**

[www.oxfordtao.co.uk](http://www.oxfordtao.co.uk)

[beauty@oxfordtao.co.uk](mailto:beauty@oxfordtao.co.uk)

## GIFT VOUCHERS

The ideal present for any occasion. Details available at Reception

