

## HOPI EAR CANDLES

This is a modern version of an ancient treatment. Some of the candle ingredients are beeswax, honey extracts, sage & chamomile. The candles work on a chimney principle, drawing any impurities to the surface where they can be gently removed. They equalise the pressure in the head & ears, making them suitable for most conditions. Secretion flow is gently stimulated and the vapour collects and removes impurities or deposits. At Tao we offer a 30-minute treatment or a more relaxing 45-minute treatment to include pressure points drainage & massage. Consultation required with first visit.

30 minutes . . . . . £31.00  
45 minutes . . . . . £38.00

## INDIAN HEAD MASSAGE

A deeply relaxing therapy renowned for its effectiveness in relieving symptoms of stress & tension, Indian head massage includes upper back, upper arms and neck as well as head & scalp and is performed with the client clothed & seated. It increases circulation and encourages the supply of oxygen to the brain, helping to reduce stress. Benefits may include clear thinking, calmness & the relief of such problems as sinus congestion, tinnitus, eye strain, headache's migraine & insomnia. It is not suitable during pregnancy or for those with Epilepsy.

45 minutes with consultation . . . . . £35.00

## BODY MASSAGE

Swedish body massage is a relaxing massage giving the client a feeling of well being whilst improving circulation, aiding desquamation and so cleansing the skin, also relaxing contracted muscle fibres and releasing tension.

25 minutes . . . . . £30.00  
55 minutes . . . . . £52.50

## AROMATHERAPY

A free consultation is given with the first appointment when all aspects of a client's health are analysed so the maximum benefits may be gained from the use of pre-blended aromatherapy oils.

25 minutes . . . . . £34.00  
55 minutes . . . . . £55.50

## HOT STONE MASSAGE THERAPY

Hot stone massage therapy melts away tension, eases muscle stiffness and increases circulation and metabolism. It will also promote deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body. Our professional massage therapists also incorporate a customized massage, with the use of hot stones which offers enhanced benefits.

The premise behind hot stone massage therapy is that the direct heat of the stones relaxes muscles, allowing the therapist access to their deeper muscle layers. Combining hot stone protocols with a full body massage provides a very healing and effective experience. The hot stones also expand blood vessels which encourage blood flow plus it has a sedative and de-stressing effect.

Back & shoulders 45 minutes . . . . . £42.00  
Full body 1 1/4 hours . . . . . £62.00

WE WOULD RECOMMEND THE 25 MINUTE MASSAGE OR 45 MINUTE HOT STONE TREATMENT FOR MEN AS THE THERAPISTS ARE NOT TRAINED IN DEEP SPORTS MASSAGE



Using a spray tanning system, our trained beauty therapists spray a fine mist of bronzing solution over the entire body giving an even, streak less, natural-looking tan. Depending on the depth of tan required we have a variety of mist options. The therapist will advise you on the best choice on the day.

Full body . . . . . £23.00



## FOR NAIL CARE

File and paint.  
30 minutes . . . . . £21.00  
Mini Manicure includes all Cuticle & Nail care & a short hand massage.  
30 minutes . . . . . £25.00 (no polish)  
Full Manicure includes all the Cuticle & Nail care plus hand massage and full application of varnish French or choice of colour.  
50 minutes . . . . . £33.00  
Deluxe Manicure to include a forearm massage and heated mitts, to help improve circulation and cream absorption.  
1 1/4 hours . . . . . £42.00  
Pedicure to include partial treatment of hard skin, exfoliation, nail trimming, cuticle tidying and full varnish.  
50 minutes . . . . . £36.00  
Deluxe Pedicure to include massage to the knee and heated booties.  
1 1/4 hours . . . . . £45.00



Massage hands, cuticle care, nail shape & finished with Gel Polish  
1 hour . . . . . £39.00  
With French Polish  
1 1/4 hours . . . . . £44.00  
Massage feet, cuticle care, nail shape & finish with Gel Polish  
1 1/4 hours . . . . . £44.00  
With French Polish  
1 1/4 hours . . . . . £47.00  
Plus removal of previous Geleration . . . . . Add £10.00  
Geleration remove & Buff  
Remove Geleration, tidy nails & buff . . . . . £25.00

## EAR PIERCING

Including 24ct gold plated studs of your choice and aftercare lotion . . . £20.00  
Or with Titanium studs (Nickle free) . . . . . £24.00  
(Approved by Health Authority)

## TOP TO TOE

Create your own selection of treatments valued at over £150.00 and receive a 10% reduction in cost.



Tansun's unique infra tan unit can be used for therapeutic applications.

Infra red has been used for local treatment of muscle pains for many years; however now it is possible to offer a full body treatment. When infra red is combined with UV, it forms the next best thing to sunlight.

It can offer benefits to acne, eczema, psoriasis, ease arthritis & help soothe muscle pain. All this and a tan!

Soothing, relaxing and healing! A questionnaire will establish the best treatment length for you.

Per minute . . . . . £1.00  
Per 30 minute course (valid 6 months) . . . . . £24.00

Age restriction-over 18's only

Your next appointment at TAO		
Date	Day	Time

## OPENING HOURS

Monday 9.00 a.m. to 5.30 p.m.  
Tuesday 9.00 a.m. to 5.30 p.m.  
Wednesday 9.00 a.m. to 5.30 p.m.  
Thursday 9.00 a.m. to 7.30 p.m.  
Friday 9.00 a.m. to 5.30 p.m.  
Saturday 9.00 a.m. to 3.00 p.m.

A charge of £18.00 will be made for consultations. This will be fully refundable against recommended treatments if taken within 30 days.

**Please consider the value of our staff and give 24 hours notice of cancellation otherwise time will be charged.**

Up to 50% deposits requested for long appointments

July 2016



## BEAUTY SALON

99 St Aldate's  
Oxford  
OX1 1BT

01865 249347

[www.oxfordtao.co.uk](http://www.oxfordtao.co.uk)  
[beauty@oxfordtao.co.uk](mailto:beauty@oxfordtao.co.uk)



## GIFT VOUCHERS

The ideal present for any occasion. Details available at Reception

## ELECTROLYSIS

Since 1968 the TAO Beauty Salon has offered Traditional or Blend methods of Electrolysis with either a new Stainless Steel, Gold or Insulated probe for each client. Our Therapists have many years' experience with this service. A consultation is standard for each new client.

10 minutes sitting	£19.50
20 minutes sitting	£29.90
30 minutes sitting	£36.80
45 minutes sitting	£49.70
60 minutes sitting	£61.00
5 Hour Course	£289.00
10 Hour Course	£549.00

## ADVANCED ELECTROLYSIS TREATMENTS

Milia & skin tag removal using electrolysis. (Consultation required)

Minimum 15 minutes	£30.00
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## FACIAL VEIN TREATMENT

We are specialists in this delicate art. A small charge, but a marvellous difference.

Per 15 minute treatment	£43.50
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## WAXING



We use Out Back Organics™ warm True-Blue Strip wax containing green tea and Lavender peel-able wax.

### Waxing

Eyebrow Shape	£11.90
Lip or chin	£10.90
Half Leg (lower)	£24.00
Half Leg (lower or upper) with Brazilian	£57.40
Upper Leg & standard bikini line	£28.60
Upper Leg wax & high bikini line	£31.80
Full Leg (inc. standard bikini line)	£42.00
Full Leg (inc. high bikini line)	£45.00
Full Leg (inc. Brazilian)	£68.00
Standard Bikini line	£15.00
High Bikini line	£19.30
Brazilian-strip left	£36.50
Hollywood all hair removed	£36.50
Full Arm (excl. underarm)	£27.30
Half Arm (elbow - wrist)	£24.00
Underarms	£14.00
Chest + Stomach	£28.00
Back	£29.00
Back + Shoulders	£32.00

Brazilian/Hollywood waxing is offered with a combination of True Blue and Hot Lavender wax.

## Threading

Lip	£10.90
Chin & Sides of Face	£20.00
Eyebrows	£11.90

## Epil Pro

Epil-Pro is a progressively permanent hair removal system, which is safe, & needle free. Epil-Pro is the brainchild of Sujata Jolly who was inspired by the idea of using sound waves to disintegrate the roots of hairs.

Up to 15 minutes	£24.60
Up to 30 minutes	£49.20
Up to 45 minutes	£73.80
Up to 60 minutes	£98.40
5 Hour Course	£440.00

*For maximum results the aftercare cream is recommended*

## Tinting

Eyelashes & brows semi-permanently coloured lasting 4-6 weeks is an ideal treatment before holidays and for contact lens wearers.

An allergy patch test for new clients is required 24 hours prior to tinting.

Eyelash Tinting	£20.70
Eyebrow Tinting	£11.90
Combined	£28.50

## Mylash lift

Mylash lift is designed to create the illusion of longer thicker lashes without the need for extensions. Using a silicone shield the lashes are straightened rather than curled which in turn lifts the client's lashes, by incorporating a tint the lashes will appear darker creating overall definition to the eye.

The treatment takes approximately 60 minutes.

The results of Mylash lift are immediate and you can expect the effects to last for 6 weeks, the result will gradually begin to fade away as the natural lashes come to the end of their growth cycle.

A patch test would be required 24 hrs. or more before the treatment.

Mylash lift and tinting is	£42.00
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Lash Perfect semi-permanent eyelash extensions. Personally tailored to suit each client.

Be the Best. Be Perfect. Be Lash Perfect.

Full set	£70.00
In-fills	£45.00



Combining a variety of traditional methods of hair removal and colouring techniques, alongside a detailed consultation and precise aftercare advice, every HD Brows treatment is absolutely exclusive to you. (Patch test required)

HD Brows	£30.00
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# dermalogica®

Dermalogica is the skin care system researched and developed by the International Dermal Institute.

Known world wide as the "professional choice". Dermalogica is founded on the belief that good skin care is not about pampering or luxury... any more than brushing your teeth or washing your hair is!

**We would ask all new Facial clients to arrive at the salon 10 mins ahead of your appointment so that a consultation card can be completed.**

**All our Facials are suitable for men but we would ask that you have a close shave on the day of treatment.**

## Full Prescriptive Skin Treatment

This is the first choice to introduce you to the full Dermalogica experience. Our qualified Therapists will talk you through your card and decide on a specific facial & selection of products to suit your own skin requirements.

Please allow 90 minutes . . . . . £59.00

Follow on Facials 75 minutes

## Classic Facial

In this Facial your Beauty Therapist will choose the best treatments and products from the Dermalogica range to best suit the length of Facial you choose.

Allow either 45 minutes . . . . . £43.00

Or allow 1 hour . . . . . £53.00

## Galvanic & High Frequency

This intensive treatment uses advanced technology together with Dermalogica's highly-effective formulas to provide key skin benefits. We will address your specific skin concerns and achieve long lasting results.

1 1/4 hours . . . . . £59.00

## Dermalogica Back Cleanse

De-stress your muscles and cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing scrub plus steaming exfoliates dead skin cells, readying the skin for the removal of toxins. A relaxing massage of the back and shoulder will follow, then a masque & moisturiser to complete the treatment.

1 hour . . . . . £53.00

## Full Body Treatment

A body treatment using a gentle Oatmeal and rice Bran powder exfoliator which brightens and softens the skin to effectively remove dead skin cells. Followed by a rich moisturising body cream and then a 15 minute massage to an area of your choice.

1 hour . . . . . £55.00



Dermalift will successfully lift and tone tired, sagging muscles, smooth out and reduce lines and wrinkles that have formed around the eyes, forehead, mouth, cheeks, neck and throat area. Dermalift improves the circulation and assists the anti-ageing process.

1 1/4 hours . . . . . £54.50

Course of Five . . . . . £258.00

Dermalift eye treatment will help reduce lines and improve skin texture around the eye. A course is recommended.

3/4 hour . . . . . £42.00

Course of 5 . . . . . £199.00

## Dermafusion

This is the infusion of specifically selected interactive ingredients which synergistically work in harmony to treat & prevent the signs of ageing. When applying the products with Dermafusion we will achieve twice the penetration of the products active ingredients.

1 hour . . . . . £62.00



## Crystal Clear Microdermabrasion

A skin resurfacing Facial that is the perfect salon treatment as it delivers instant visible results. It is suitable for all skin colours and all skin types.

30 MIN / £45.00 not recommended for a first time

45 MIN / £52.00 includes a short soothing mask

60 MIN / £60.00 luxury extended mask and shoulder massage

Course prices available